

2007-08 Elizabethtown Top Times

Men's Top Times (all distances in yards):

Event	Name	Time	Date
200 Medley Relay	Miller/McGuigan/DiObilda/Drob	1:41.42	2/9/08
400 Medley Relay	Miller/McGuigan/DiObilda/Drob	3:42:48	2/8/08
1000 Freestyle	Chris Miller	10:40.36	1/15/08
200 Freestyle	Chris Miller	1:52.82	11/10/07
50 Freestyle	Matt Drob	:22.90	2/8/08
200 Ind. Medley	Chris Miller	2:05.79	11/14/07
400 Ind. Medley	Dan McGuigan	4:54.37	1/12/08
100 Butterfly	Darren DiObilda	:55.21	2/9/08
200 Butterfly	Darren DiObilda	2:09.61	2/10/08
100 Freestyle	Matt Drob	:50.56	2/10/08
100 Backstroke	Chris Miller	:52.57	2/9/08
200 Backstroke	Chris Miller	1:54.85	2/10/08
500 Freestyle	Chris Miller	4:49.46	2/8/08
100 Breaststroke	Dan McGuigan	1:04.50	2/9/08
200 Breaststroke	Dan McGuigan	2:19.44	2/10/08
200 Free Relay	DiObilda/Ashe/Provence/Drob	1:33.71	2/8/08
400 Free Relay	DiObilda/Provence/Miller/Drob	3:23.67	2/10/08

Women's Top Times (all distances in yards):

200 Medley Relay	Riley/G. Geiger/Kelly/Brizek	1:55.51	2/9/08
400 Medley Relay	Riley/G. Geiger/Brizek/K. Geiger	4:23.11	2/8/08
1000 Freestyle	Lindsay Kollmeier	12:13.13	12/08/07
200 Freestyle	Stephanie Hellman	2:06.15	2/9/08
50 Freestyle	Lindsay Riley	:25.41	2/8/08
200 Ind. Medley	Jenny Brizek	2:18.33	2/8/08
400 Ind. Medley	Jenny Brizek	5:02.42	2/9/08
100 Butterfly	Courtney Kelly	1:07.46	12/01/07
200 Butterfly	Sarah Berry	2:35.27	2/10/08
100 Freestyle	Lindsay Riley	:56.14	2/10/08
100 Backstroke	Lindsay Riley	1:04.22	2/9/08
200 Backstroke	Courtney Kelly	2:22.80	2/10/08
500 Freestyle	Kara Geiger	5:39.38	2/8/08
100 Breaststroke	Gretchen Geiger	1:08.22	2/9/08
200 Breaststroke	Gretchen Geiger	2:25.63	2/23/08
200 Free Relay	K. Geiger/Krieger/Hellman/Riley	1:46.48	2/8/08
400 Free Relay	Brizek/K. Geiger/Hellman/Riley	3:49.96	2/10/08

MAC Qualifying Standards

For 2009 Middle Atlantic Conference Championships (distances in yards)

Event:	Men's	Women's	Event:	Men's	Women's
50 Free	:24.44	:27.74	100 Breast	1:12.99	1:20.00
100 Free	:53.99	1:00.99	200 Breast	2:37.00	2:53.00
200 Free	1:59.57	2:12.00	100 Fly	1:03.57	1:12.00
500 Free	5:29.00	5:55.00	200 Fly	2:35.00	2:50.00
1650 Free*	11:59.99	12:27.99	200 I.M.	2:18.75	2:32.86
100 Back	1:06.00	1:10.42	400 I.M.	5:20.00	5:35.00
200 Back	2:27.99	2:34.00	*1650 free times are for 1000 yards		

2008-09 Etown Schedule and Results

Date	Opponent	*MAC opponent	Men	Women
11/1	DICKINSON		1:00 p.m.	
11/5	YORK		6:00 p.m.	
11/8	LYCOMING*		1:00 p.m.	
11/12	KING'S*		6:00 p.m.	
11/15	MESSIAH*		1:00 p.m.	
	SUSQUEHANNA		1:00 p.m.	
11/22	at FDU-Florham*		1:00 p.m.	
11/25	at Lebanon Valley*		6:00 p.m.	
12/6-7	at Franklin & Marshall Invitational			
1/10	ALBRIGHT*		1:00 p.m.	
1/13	at McDaniel		6:00 p.m.	
1/17	at Washington (Md.)		1:00 p.m.	
1/20	at Arcadia*		6:00 p.m.	
1/24	at Widener*		1:00 p.m.	
1/27	at Scranton		6:00 p.m.	
2/13-15	at MAC Championships (Wilkes-Barre CYC)			

Meet Notes

ABOUT ELIZABETHTOWN...

The Blue Jays open the 2008-09 season in the debut of head coach **Dan DeHass**, the first of five November home meets.

MEN: Senior **Chris Miller** won individual gold in the 100 and 200 backstroke for the second straight year at the MAC championships last year, and added bronze in the 500 freestyle and the 400 medley relay... Junior **Matt Drob** was also part of the bronze medal-winning 400 medley relay after winning a pair of silvers in 2007 in the 200 and 400 medley relays... Junior **Dan Provence** had four individual race victories and 14 top-three finishes last season...

WOMEN: Junior **Lindsay Riley** won a gold medal in the 50 freestyle at last year's MAC championships and set a new school record with a time of 25.41 seconds. She won 18 of the 22 dual-meet races in which she competed... Senior **Gretchen Geiger**, who will join the team after soccer season, has won silver in both the 100 and 200 breaststroke in each of the last three years... Last year's fourth-place MAC finish was the team's best since 2000...

ABOUT DICKINSON...

The Red Devils open competition for the 2008-09 season this afternoon

MEN: Dickinson finished 6-3 overall last season and went 4-2 in Centennial Conference action...The Red Devils finished fourth at the conference meet, led by second-place finishes from both the 200 and 400 medley relay teams... Junior **Chris Hoolehan** was the top individual finisher, taking fifth in the 50 freestyle...

WOMEN: Dickinson finished 6-4 overall and 4-3 in the Centennial Conference last season... Junior **Elizabeth Schroll** was the Red Devils' top individual finisher at the conference championships, placing second in the 200 individual medley and third in the 200 freestyle...

ORDER OF EVENTS...

1. 400 Medley Relay, 2. 1000 Freestyle, 3. 200 Freestyle, 4. 50 Freestyle, 5. 200 Individual Medley, 6. 200 Butterfly, 7. 100 Freestyle, 8. 200 Backstroke, 9. 500 Freestyle, 10. 200 Breaststroke, 11. 400 Freestyle Relay.

How to Watch a Swimming Meet

For the average spectator watching their first swimming meet, it may be difficult to understand what is happening or how to determine who is winning. Here is a brief synopsis of what to look for:

With both men and women competing in a meet, a total of 22 events will take place: 11 men's events and 11 women's events

*Each team is allowed to enter three contestants or relay teams in each event.

Each individual swimmer is allowed to compete in any combination of three races or relays.

*In the relays, 11 points are awarded for first place, four points for second place, and two points for third place.

*In the individual races, the scoring is nine points for first place, four points for second place, three points for third place, two points for fourth place, and one point for fifth.

The men's and women's scores are kept separately.

Most coaches are familiar with the opposing teams. It is the coach's responsibility to set up a lineup that will allow his or her team to score the majority of the points. Before each race, the coaches exchange lineup cards, so even though they may have an idea about who they are facing, they do not know for sure until the moment before the race begins. Sometimes a coach may have to sacrifice certain events in order to be stronger in others.

The officials who run the meet watch for rule infractions or relay false starts. If either occurs, the individual or relay team is disqualified. Many times, these lost points are hard for a team to make up and create an advantage for the opponent.

Enjoy tonight's meet, and Elizabethtown College thanks you for supporting our Blue Jay swimmers.

Elizabethtown College Swimming 2008-09



Elizabethtown College

VS.

Dickinson College

Saturday, November 1

Alumni Pool

Elizabethtown, Pa.

Elizabethtown College Blue Jays

Men 0-0, Women 0-0

Women's Roster...

Name	Cl.	Event(s)	Hometown	High School
Sarah Berry***+	Sr.	Free/Fly	Walnutport, PA	Northampton
Jenny Brizek***	Sr.	Back/IM	Sinking Spring, PA	Conrad Weiser
Sara Crimmel**	Jr.	Free/Back	Tunkhannock, PA	Tunkhannock
Gretchen Geiger***+	Sr.	Free/Breast	Pilesgrove, NJ	Woodstown
Kara Geiger**	Jr.	Free	Zionsville, PA	Emmaus
Stephanie Hellman*	So.	Free	Shrewsbury, NJ	Red Bank Catholic
Danielle Hopkins**	Jr.	Back/Breast	Franklin, MA	Franklin
Courtney Kelly*	So.	Fly/Back	Guilford, CT	Guilford
Tricia Lemon	Sr.	---	Collegeville, PA	Villa Maria Acad.
Amanda Martin	Fy.	---	Lincoln University, PA	Avon Grove
Chelsea Mitchell	Fy.	---	New Lisbon, NJ	Pemberton Twp.
Samantha Mortensen*	Sr.	Free	Fairless Hills, PA	Harry S. Truman
Laura Quigley***	Sr.	Free/Back	Yardley, PA	Pennsbury
Lindsay Riley**	Jr.	Free/Back	Berwyn, PA	Conestoga
Emily Robinson	Fy.	---	Columbia, PA	Lancaster Catholic
Rebecca Rose*	So.	Free/Fly	Fort Washington, PA	Upper Dublin
Julie Strulson	Fy.	---	Yardley, PA	Pennsbury

Men's Roster...

Name	Cl.	Event(s)	Hometown	High School
Dan Bolstein	Fy.	---	Maple Glen, PA	Hatboro-Horsham
Matt Drob**+	Jr.	Free/Back	Strasburg, PA	Lampeter-Strasburg
Tom Hagerty*+	So.	Free	Enola, PA	East Pennsboro
Chris Miller**	Sr.	Free/Back	Lebanon, PA	Cedar Crest
Dan Provence**	Jr.	Free	Brookhaven, PA	Penncrest
Kevin Smedman**	Jr.	Free/Back	Ft. Montgomery, NY	James I. O'Neil

* varsity letters earned + captain

Head Coach: Dan DeHass (1st year)

Assistant Coach: Alison Kreider (10th year)

Elizabethtown College Fast Facts...

Location	Elizabethtown, PA
Founded	1899
Enrollment	2,000
Conference	Middle Atlantic Conference
President	Dr. Theodore E. Long
Athletic Director	Nancy Latimore
Athletic Trainers	Mike Sweger, Tanya Miller
Sports Information Director.....	Jim Miller
Nickname	Blue Jays
Colors.....	Blue and Grey
2007-08 Men's Record	5-8 overall, 4-3 MAC, 5th at MACs
2007-08 Women's Record	6-7 overall, 5-2 MAC, 4th at MACs

Dickinson College Red Devils

Men 0-0, Women 0-0

Women's Roster...

Name	Cl.	Hometown	High School
Sarah Boyd	So.	Cheswick, PA	Fox Chapel
Taylor Clarke	Fy.	Wellesley, MA	Wellesley
Colleen Cook	Sr.	South Hampton, NH	PMA
Lindsay Curatto	Sr.	Catonsville, MD	Notre Dame Prep
Ashley Emershaw	Jr.	Shavertown, PA	Wyoming Seminary
Elyse Faccenda	Jr.	Harleysville, PA	Souderton
Jackie Fahler	Sr.	Schencksville, PA	Parkland
Serena Gibney	Sr.	Orangeville, PA	Central Columbia
Jessica Hassinger	So.	Collegeville, PA	Perkiomen Valley
Ali Imhoff	Jr.	Frederick, MD	Frederick
Ana Jakabcin	Jr.	Falls Church, VA	Paul VI
Eva Kolstad	Fy.	Cheshire, CT	Hopkins School
Kristen Lee	Jr.	Los Angeles, CA	Brentwood School
Lauren Letko	Jr.	Emmaus, PA	Emmaus
Jordan McCord	Jr.	Wooster, OH	Wooster
Melissa Nixon	Jr.	Newtown, PA	Lawrenceville School
Lynn Pucciarelli	Fy.	Clifton Park, NY	Shenendehowa
Jenna Resser	Sr.	Mechanicsburg, PA	Northern
Elizabeth Schroll	Jr.	Moorestown, NJ	Moorestown
Kasia Szulborski	Fy.	Shavertown, PA	Dallas
Edmi Vazquez-Ramos	Fy.	Arlington, VA	Yorktown
Rachel Wolfe	Jr.	Columbus, OH	Upper Arlington
Courtney Woolston	Fy.	Madison, CT	Hopkins School
Elizabeth Zido	Sr.	Pittsburgh, PA	Woodland Hills

Men's Roster...

Name	Cl.	Hometown	High School
Seth Adams	Fy.	Ledyard, CT	Ledyard
Matt Beamer	So.	Gettysburg, PA	Gettysburg
Michael Benson	Fy.	New Milford, CT	Kent School
Joe Benz	Fy.	Trumbull, CT	Fairfield College Prep
Taylor Bye	Fy.	Cummington, MA	Berkshire Country Day
Tyler Derreth	So.	Hanover, PA	South Western
Eric Florio	Sr.	East Williston, NY	The Wheatley School
Rob Franciscovich	Sr.	Frederick, MD	Thomas Johnson
Greg Guldin	Sr.	Dunellen, NJ	St. Joseph
Andy Heist	Jr.	Trumbull, CT	Northfield Mt. Hermon
Andrew Hillman	So.	Reston, VA	Herndon
Chris Hoolehan	Jr.	Allentown, PA	Salisbury
Doug Murray	Fy.	Collegeville, PA	Perkiomen Valley
Chris Oblon	Fy.	Centerville, IN	Centerville
Eric Peterson	Jr.	Green Lane, PA	Quakertown
Senaka Ratnayake	Jr.	Valparaiso, IN	Valparaiso
Jordan Reed	So.	Mercersburg, PA	Mercersburg Academy
Satchel Ryan	So.	Rumson, NJ	Rumson Fair Haven
Andrew Shine	Fy.	Paoli, PA	Haverford School
Jack Shine	Fy.	Paoli, PA	Haverford School
Andrew Supp	So.	Holidaysburg, PA	Holidaysburg
Andrew Wade	So.	Stamford, CT	Westhill
Adam Weiner	Fy.	Armonk, NY	Byram Hills
Tristan White	Fy.	Auburn, NY	Hotchkiss School

Head Coach: Paul Richards

Elizabethtown College Program Records

Men's Records (all distances in yards):

Event	Name	Time	Season
200 Medley Relay	Miller, Donahue, DiObilda, Drob	1:38.45	2006-07
400 Medley Relay	Luey, Urban, Schlotterbeck, Shelton	3:31.61	1994-95
200 Free Relay	Hamsher, Farrar, Urban, Luey	1:29.20	1996-97
400 Free Relay	Hamsher, Klinefelter, Urban, Luey	3:15.39	1996-97
800 Free Relay	Contino, Hyde, Biccocchi, Moore	7:22.10	2000-01
50 Freestyle	Stephen Fowler	:21.53	1993-94
100 Freestyle	Casey Moore	:47.05	2000-01
200 Freestyle	Casey Moore	1:42.12	2000-01
500 Freestyle	Casey Moore	4:41.43	2000-01
1000 Freestyle	Chris Miller	10:25.64	2006-07
1650 Freestyle	Richard Krebs	17:29.18	1995-96
200 Ind. Medley	Casey Moore	1:57.93	2002-03
400 Ind. Medley	Paul Contino	4:22.21	2000-01
100 Butterfly	Darren DiObilda	:55.06	2005-06
200 Butterfly	Joshua Luey	2:03.72	1996-97
100 Backstroke	Chris Miller	:52.52	2006-07
200 Backstroke	Chris Miller	1:53.78	2006-07
100 Breaststroke	Mike Schlotterbeck	:59.76	1993-94
200 Breaststroke	Mike Schlotterbeck	2:10.96	1993-94

Women's Records (all distances in yards):

200 Medley Relay	Klaiber, Zimmerman, Knepper, Bradley	1:53.37	1998-99
400 Medley Relay	Yoder, Zimmerman, Knepper, Texter	4:06.38	1998-99
200 Free Relay	Texter, Zimmerman, Yoder, Bradley	1:40.92	1998-99
400 Free Relay	Texter, Blaha, Keefer, Bradley	3:39.46	2000-01
800 Free Relay	Texter, Zimmerman, Yoder, Knepper	8:02.69	1998-99
50 Freestyle	Lindsay Riley	:25.41	2007-08
100 Freestyle	Julie Phillips	:54.65	1988-89
200 Freestyle	Lindsay Texter	1:59.06	1998-99
500 Freestyle	Lindsay Texter	5:21.14	1998-99
1000 Freestyle	Heidi Yoder	11:06.55	1998-99
1650 Freestyle	Amanda Scheetz	18:26.22	1997-98
200 Ind. Medley	Jackie Zimmerman	2:12.61	1997-98
400 Ind. Medley	Heidi Yoder	4:47.41	1998-99
100 Butterfly	Keeley Trumbo	1:01.12	2003-04
200 Butterfly	Keeley Trumbo	2:16.84	2003-04
100 Backstroke	Tara Auwarter	1:01.42	1997-98
200 Backstroke	Heidi Yoder	2:10.65	1998-99
100 Breaststroke	Jackie Zimmerman	1:04.12	1996-97
200 Breaststroke	Jackie Zimmerman	2:21.45	1996-97

2009 NCAA Qualifying Standards

NCAA Division III Championship Qualifying Standards (times for 25 yard pools)

Men's:	Automatic	Provisional	Women's:	Automatic	Provisional
50 Free	20.52	21.17	50 Free	23.71	24.41
100 Free	44.98	46.45	100 Free	51.59	53.25
200 Free	1:39.74	1:42.85	200 Free	1:52.54	1:55.99
500 Free	4:31.64	4:38.98	500 Free	5:00.03	5:08.52
1650 Free	15:46.22	16:21.19	1650 Free	17:17.49	17:47.99
100 Back	50.74	52.79	100 Back	57.48	59.64
200 Back	1:50.89	1:54.69	200 Back	2:04.38	2:09.04
100 Breast	56.46	58.79	100 Breast	1:04.91	1:07.57
200 Breast	2:03.65	2:08.12	200 Breast	2:20.76	2:26.86
100 Fly	49.40	51.25	100 Fly	56.24	58.79
200 Fly	1:50.89	1:54.71	200 Fly	2:05.56	2:09.12
200 I.M.	1:51.98	1:55.19	200 I.M.	2:05.81	2:10.78
400 I.M.	4:00.85	4:09.36	400 I.M.	4:28.71	4:39.03
200 F.R.	1:21.56	1:24.14	200 F.R.	1:34.73	1:38.12
400 F.R.	3:00.93	3:07.32	400 F.R.	3:27.84	3:35.43
800 F.R.	6:42.05	6:57.50	800 F.R.	7:30.77	7:52.20
200 M.R.	1:31.45	1:34.52	200 M.R.	1:45.62	1:49.27
400 M.R.	3:20.93	3:28.78	400 M.R.	3:50.25	3:59.83