



## **Bowers Center Reopening Policies and Procedures-Spring 2021**

### **Building**

- The Bowers Center will open to students in a phased approach based on guidelines. Each phase incorporates different parts of the Fitness Center, Demo Kitchen, Lounges, The Well/Relaxation Room, Group Fitness Classes and the Field House.
- Some areas/features of the building will not immediately be available, but may be offered in different phases as guidelines allow. See information below.
- Masks will be required at all times.
- Building and Fitness Center hours will be modified to allow for additional cleaning.
- Increased cleaning will be enforced throughout the building.
- Equipment/furniture will be removed to account for social distancing.
- Different traffic patterns will occur throughout the building.
- Max capacities to the building and rooms will be applied.
- No guests will be permitted.
- Programs will be offered virtually in addition to in-person if able.

### **Demonstration Kitchen/SWAG/Health Promotion**

- Events will be held at a smaller capacity. Food sharing will not be permitted.
- The Relaxation Room can be reserved for singular use through The Well. The room will be deep cleaned upon completion of session.
- Students can still get supplies from The Well reception desk. Capacity and programs will be limited inside The Well.

### **Fitness Center**

- Students will be required to sign up in advance to use the fitness center using [IMLeagues.com/etown](http://IMLeagues.com/etown).
- Some equipment will be removed/taken out of rotation to increase social distancing (ex: cardio equipment, strength equipment, lockers).
- Some areas/features of the fitness center will vary in availability based on phases (ex: strength area, equipment check out, functional fitness equipment).
- The locker/changing room area will be limited to 4 people at one time.

### **Group Fitness**

- Group Fitness class capacities will be reduced and virtual options will be available.
- Additional time will be added in between classes for supplementary cleaning.

### **Intramurals**

- Intramurals will occur in a smaller capacity. Large team sports will not be played.

### **Open Recreation/Field House**

- Open recreation will be limited to singular use.
- Equipment check out will not be available initially.