

Spring 2022

MENUS ARE SUBJECT TO CHANGE

Menu key

**Sunday
13-Feb**

**Monday
14-Feb**

**Tuesday
15-Feb**

**Wednesday
16-Feb**

**Thursday
17-Feb**

**Friday
18-Feb**

**Saturday
19-Feb**

Vegetarian (V)

Vegan

May contain nuts

Gluten Free (GF)

Contains Dairy (D)

Contains Eggs (E)

Breakfast		Scrambled Eggs (E, GF)	Scrambled Eggs (E, GF)	Scrambled Eggs (E, GF)	Scrambled eggs (E, GF)	Scrambled eggs (E, GF)	Scrambled eggs (egg, GF)
Brunch on weekends		Pork Sausage Links (GF) Bacon (GF) Loaded Tator Tot Cass. (D, E, GF) Pumpkin Swirl Pancakes (D, E) Chicken & Biscuit (D, E)	Sliced Ham (GF) Maple sausage links (GF) Heuvos Rancheros (D, E, GF) Cinn Swirl Fr Toast (D, E, V) Egg & Cheese Biscuit (D, E, V)	Pork Sausage Links (GF) Bacon (GF) Spice Choc Bk Fr Toast (D,EV) Blueberry Pancakes (D, E, V) Hash Browns (GF)	Sausage Patties (GF) Sliced Ham (GF) Baked Apple Oatmeal (D, E, V) French Toast Sticks (D, E, V) Skillet Potatoes (GF)	Sliced Ham (GF) Maple sausage links (GF) Breakfast Quesadilla (D, E) French Toast w/ Strawberry topping (D, E, V)	Pork Sausage Links (GF) Bacon (GF) Pancakes D, E, V) Egg & Cheese muffin (D, E, V) Tator Tots (GF)
Soups	French Onion	Chicken Noodle	Beef Barley	Italian Wedding (D)	Cream of Potato Leek (D, V)	Maryland Crab	Chicken Tortilla
Hearth			Philly Cheesesteak	Reuben & Rachael	Power Bowl Bar	Cantina Bar	
Lunch	Scrambled eggs (egg, GF) Sliced Ham (GF) Sausage Patties (GF) Mini pancake ssg wrap (D, E) Egg & Cheese croissant (D, E) Diced cheese potatoes (D, V) Baked oatmeal (D, E, V)	Chicken Parm w/sauce (D, E) Sicilian Blend Veggies (GF, V) Pasta Penne (V) Eggplant Parmesan (D, E, V) Mixed Vegetables Italian Garlic Bread (D, V)	Sesame Ginger Chicken (D, E) Thai Style Quinoa & Vegetable Blend (GF, V) Fried Rice (GF, V) Garlic Soy Snap Peas (GF) Hush Puppy Pangasius (D, E) Potato Cakes (E, GF, V) Roasted Veggies w/ Herb Butter (D, V)	Grilled Oregano marinated chix Lemon Herb Crust Tilapia € Herb Marinated Veg (GF) Roasted Red Skin Pots (GF) Sautéed Spinach with Red Onion, Feta & Barley (D, V) Toasted Orzo Salad (D,V)	Chicken Nuggets Mac & Cheese (D, V) Sloppy Joes Sautéed Green Beans (GF) Roast Butternut Squash (GF) Sautéed Zucchini & Squash (GF)	Stuffed chicken breast w/gravy (D, E) Baked Corn Souffle (D, E, V) Roasted Parmesan Potato Wedges (D, V) Balsamic Mixed Rst Veg (GF) Baked Cod (GF)	
Dinner	Chicken Tetrizzini (D) Fish of the day Green Beans & Mushrooms (V) Broccoli & Cheesy Rice (D, V) Parm Crusted Baked Pot (D, V) Honey Thyme Roasted Baby Carrots (V)	Ranch Style Chicken (D, GF) Seafood Newburg (D) Roasted Butternut Squash Vegetable Couscous (V) Saffron Rice (GF) Braised Vegetable Lentils (GF)	Apple Marinated Smoked BBQ Pork (GF) BBQ Vegan Breast (GF) Citrus Marinated Salmon (GF) Lemon Herb Roast Corn (D,V) Baked Potato (GF) Zucchini, Squash & Dried Tomatoes (GF)	Assorted Pancakes (D, E, V) Bacon (GF) Sausage (GF) Assorted Breakfast Sandwiches Cheesy Scrambled Eggs (D,E,GF) Home Fries (GF) Ratatouille (GF)	Teriyaki Chicken Thai Style Quinoa & veg blend Garlic soy mixed veggies (GF) Hush Puppy Panquiis (D, E) Egg Fried Rice (E, V) Buddha Delight veggies (V)	Baked BBQ & Hot Chicken Drumsticks (D) Fish of the day Peas & Carrots (GF) Sidewinder Fries (GF) Garlic Mashed Pots (D, GF, V) Country Mixed Veggies (GF)	Sweet Thais Basil Chicken (D) Baked Fish of the Day (GF) Sesame Soy Broccoli (GF) Thai Style Red Quinoa & Veggie Blend (GF) Steamed White Rice (GF) Roasted Cauliflower (Gf)
Desserts	Assorted Cookies (D, E, V) Samoa Bar (D, V) Assorted Scones Blueberry jello (GF)	Assorted Cookies (D, E, V) Oreo Cream Pie (D, V) Cinn. Coffee cake (D, E, V)	Assorted Cookies (D, E, V) Sugar Free cookies (D, E) Min choc crumble bar (D, E, V) Blueberry Pie (V) Vanilla pudding (D, GF, V)	Assorted Cookies (D, E, V) Chocolate brownies (D, E, V) Plain cheesecake (D, E, V) Lemon bar 9D, E, V) Strawberry ice box cake (D, V)	Assorted Cookies (D, E, V) Oreo Blondie (D, E, V) Apple Strudel (D, E, V) Filled Choc cake (D, E, V) Sweet tea cake (D, E, V)	Assorted Cookies (D, E, V) Carrot cake cupcake (D, E, V) Rocky Road Pie (D, E) Funfetti goeoy bar (D, E, V) Warm fruit pudding (D, V)	Assorted Cookies (D, E, V) Trip choc tiger cake (D, E, V) Rice Krispies (GF, D) Lemon berry muffin (D, E, V) Mocha mousse (GF, D, V)