

Fall 2021

MENUS ARE SUBJECT TO CHANGE

Menu key

**Sunday
12-Sep**

**Monday
13-Sep**

**Tuesday
14-Sep**

**Wednesday
15-Sep**

**Thursday
16-Sep**

**Friday
17-Sep**

**Saturday
18-Sep**

Vegetarian (V)

Vegan

May contain nuts

Gluten Free (GF)

Contains Dairy (D)

Contains Eggs (E)

Breakfast	Scrambled Eggs (E)	Scrambled Eggs (E)	Scrambled Eggs (E)	Scrambled Eggs (E)	Scrambled Eggs (E)	Scrambled Eggs (E, GF)	Scrambled Eggs (E, GF)
Brunch on weekends	Sliced Ham (GF) Sausage patties (GF) Chef's special French toast (D, V, egg) Egg & cheese croissant (D,V,E)	Pork Sausage Links (GF) Bacon (GF) Hash Brown breakfast casserole (D, E) Red Velvet pancakes (D, V) Chicken & Biscuit (D)	Sliced Ham (GF) Maple sausage links (GF) Biscuit & gravy egg casserole (D, E) Apple cinn bread sticks (D) Egg & Cheese biscuit (D, V, E)	Pork Sausage links (GF) Bacon (GF) Wild bberry baked Fr toast (D, E) Cinn swirl pancakes (D, E) Egg & cheese on muffin (D, E, V)	Sausage patties (GF) Bacon (GF) S berry almond baked oatmeal (D, E) Confetti pancakes (D, E) Egg & cheese croissant (D,V,E)	Sliced Ham (GF) Maple sausage links (GF) Breakfast Tortilla (D, E) Fr Tst w/sberry topping (V,D,E) Home Fries (GF, V)	Pork Sausage Links (GF) Bacon (GF) Pancakes (D, V) Egg & Cheese on muffin (D, E) tator tots (GV, V)
Soups	Soup Du Jour	Three Potato Chowder & Corn	Chicken & Lemon Grass (GF)	Vegetable Tortellini (D)	Turkey Chili w/black beans (D)	New England Clam Chowder (D)	Minestrone (D, V)
Hearth		French Dip	Chicken sliders	Quesadilla Bar	Tator Tot bar	Cantina Bar	
Lunch		Philly Cheesesteak pasta (D) Roasted 3 way mixed veggies (GF) Side of sauces Grilled chicken Alfredo (D) Roasted broccoli (GF) Garlic bread sticks (V)	Crispy Chow Mein Chicken Stir Fry Blend(GF) Lo Mein Noodles (V) Teriyaki Salmon Steamed Snap Peas (GF) Golden Pot Stickers (V)	Caprese Chicken (D) Parmesan Zucchini Squash (D, GF) Hearty Grains (V) Seafood Pesto pasta (D) Roasted carrot fries (GF, V)	Crispy buffalo chix sandwich Mac & cheese (D) Sautéed green beans (GF) Crispy vegan chicken (GF) Veggie du jour (GF)	Loaded Baked Bacon Ranch Chix Breast (D) Salisbury Steak Parmesan Roast Zucchini (D, V) Scalloped Sweet Pots (D, V) Au Gratin Brussel Sprouts (D, V) Creamy Spinach Orzo (D, V)	
Dinner	Chicken & Biscuits (D, E) Peas & Carrots (GF) Roasted cauliflower mash (GF) Stuffed peppers (GF, V) Succotash (GF) Veggie Du Jour (GF)	Chicken Fries Grilled chicken bites (GF) Sweet potato tots (GF, V) Sautéed green beans (GF) Crispy vegan chicken Siracha brussels sprouts (GF)	Puerto Rican Pork Pencil (GF) Fried Plantains (V) Spanish Rice (GF) Salsa Verde Braised Beef (GF) Stewed Black Beans (GF) Fire Roasted Corn (GF)	Steak & Fries (GF) Roasted red skin potatoes (GF) Exotic grains with fire roasted vegetable blend (V) Roasted wild salmon with dill lemon butter sauce (D) Hearty Grains w/wild mushrooms (V) Green Beans Almandine (GF)	Crispy Korean BBQ chicken Stir Fry Blend (GF) Egg roll rice (V) Teriyaki salmon Spicy Korean zucchini (GF) Southwest Egg Rolls	Beef & Chicken Enchiladas (D) Sautéed onions & peppers (GF) Spanish rice (GF) Potato crusted cod (D, E) Refried beans (GF) Power blend veggies (GF)	Chicken Souvlaki (GF) Tabbalouh Salad (V) Grilled Herb Rub Pita (GF, V) Chickpea Ratatouille Lyonnaise Potatoes (D, V) Caramelized Onions & French Beans
Desserts	Assorted Cookies (D, E, V) Choc mousse pie (D) PB Triple Choc Cake (D, E) Cinn Pumpkin pecan muffin (D, E) Banana Pudding (D)	Assorted Cookies (D, E, V) Almost Candy Bar (D, E) Choc Oreo pudding cake (D, E)	Assorted Cookies (D, E, V) Gooney Butterfinger Bar (D, E) Choc chip cheesecake (D, E) Cherry pie (D) Strawberry gelatin (GF)	Assorted Cookies (D, E, V) German Choc brownie (D, E) Yellow cupcake (D, E) Cannoli (D, E) Chocolate mousse (D, GF)	Assorted Cookies (D, E, V) Choc chip cookie tart (D, E) Pumpkin spice cake (D, E) Walnut Blondie (D, E) Apple Dumplings (D)	Assorted Cookies (D, E, V) Cherry Crunch Bar (D, E) Choc mint pie (D, E) Carrot cupcaeks (D, E) Graham cracker pudding (D)	Assorted Cookies (D, E, V) Cookies & Cream Cake (D, E) Lemon Bars (D, E) Cram Puffins (D, E) Pumpkin Crumble (D, E)