RAFRILIC	ARF SUR	IFCT TO	CHANCE
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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Vegetarian (V)
	23-Feb	24-Feb	25-Feb	26-Feb	27-Feb	28-Feb	29-Feb	Vegan
Breakfast		Scrambled eggs GF	Scrambled eggs GF	Scrambled eggs GF	Scrambled eggs GF	Scrambled eggs GF		May contain nuts
		Ham GF	Pork sausage GF	Pork sausage GF	Bacon GF	Ham GF		Contains honey
		Pork sausage GF	Bacon GF	Ham GF	Pork sausage GF	Chorizo sausage GF		Gluten Free (GF)
		Diced home fries GF	Tri tators	Shredded hash browns GF	Tator tots	Sliced home fries GF		
		Egg & cheese on biscuit	Egg & cheese on bagel	Egg & cheese on muffin	Egg & cheese on croissant	Egg & cheese on muffin		
		French toast	Pancakes	Cinnamon French toast	M&M pancakes	French toast		
Soups	Pasta Fajioli	Beef barley	Seafood wild rice chow.	Chicken corn chowder	French onion	Chicken & Dumpling	Tomato Basil Bisque	
		Med. Vegetable (f)	Ham & bean	Asian vegetable (v)	Creamy soup (v)	Maryland crab		
Lunch	Scrambled eggs GF	Krabby Kake sandwich	Dagwood mac & cheese	Fish sandwich	Buffalo chicken	Chicken parmesan	Scrambled eggs GF	
Brunch	Pork sausage GF	Vegan scaloppini sand.	Chicken nuggets	Crispy chicken sandwich	cheese crispitos	Eggplant parmesan	Pork sausage GF	
on wknd)	Bacon GF	Chicken tenders	Chick'n boneless wings	Black bean burgers GF	Applewood smoked	Spaghetti w/sauce	Bacon GF	
Tri tators Assorted quiche Pancakes Egg & cheese sandw on bagel	Tri tators	Waffle sweet pot fries GF	Baked cod w/	Potato salad GF	Korean BBQ Pork GF	Italian bread	Tator tots	
	Assorted quiche	Summer blend veg GF	Old bay seasoning	Italian blend veg GF	Apple Korean BBQ	Sliced zucchini GF	Egg & cheese on bagel	
	Pancakes	Sautéed yellow squash GF	Peas & sliced carrots GF		meatless Chik'n	Country medley veg GF	Apple filled bread sticks	
	Egg & cheese sandwich				Thai red quinoa veg GF		Ham/cheese frittata GF	
	on bagel				Green beans GF			
					Steamed buns			
Hearth Bar		Boat Loader bar (dinner)	Meatball sub bar	Slider bar (dinner)	Grilled sandwich bar	Baked pot (L) Tator tots (D)		
Dinner	Meat lasagna	Pulled Roast Beef GF	Breaded fish du jour	BBQ spare ribs GF	General Tso Chicken	Shrimp/scallop scampi GF	Chicken Cordon Bleu	
	Vegetable lasagna	Fish of the day	House smoked	Baked Caribbean fish GF	Veggie Thai spring rolls	Tuscan chicken	Potato crusted cod	
	Sausage w/pep & on GF	Redskin mashed pots GF	chicken quarters	Sweet potato stew	Fish of the day	Portabella stroganoff	Vegetable burgers GF	
	Steak rolls	Key West blend veg GF	Tuscan whole grain	w/red beans GF	Fried rice GF	Egg noodles	Roasted red pots GF	
	Fish of the day	Corn nuggets	penne w/Tempeh	Steamed corn GF	Mandarin blend GF	Sugar snap peas GF	Sautéed spinach	
	Italian pole beans GF	Couscous, red quinoa	Baked potatoes GF	Roasted broccoli GF	Sautéed Tempeh Asian	Key west blend GF	w/garlic GF	
	Deep fried mushroom (v)	and veg blend	Cascade blend veggies GF		cabbage GF			
	Italian bread		Steamed snap peas GF					
Desserts	Cookies	Cookies	Cookies	Cookies	Cookies	Cookies	Cookies	
	Snickerdoodle	Warm choc pudding cake	PB cookie tart	Gooey butter finger bar	PB Tandy Cake	Angel Food Cake DF	Black bottom cupcakes	
	Cheesecake bar	Tiramisu brownie	Apple crisp	Choc pudding GF	Blueberry Buckle	Choc mint ie	Assorted danish	
	Blueberry bread		Oreo cream pie	Choc cupcakes	Raspberry cheesecake	German choc brownie	Dutch apple pie DF	
	Rocky Road pie		Sugar free cookies	Apple pie	Salted caramel krispies	Apple dumplings	Pump cheese mousse GF	

Menu key