

FRESH NEST

Smoothies & Bowls

RECOVERY FLIGHT
\$7 or Meal Exchange



GOLDEN JAY
\$7 or Meal Exchange



JAVA JOLT
\$7 or Meal Exchange



BLUE JAY ACAI BOWL

Powered by Oola

\$11.25 or Meal Exchange

Oola base, granola, almond butter, strawberries, blueberries, bananas, coconut and chia seeds.

Powered by
oola



FRESH NEST

Grab & Go

FRESH FRUIT

Apples, Bananas, Oranges

\$1.00

OVERNIGHT OATS

\$4.25

CHIA PUDDING

\$4.00

PROTEIN PACKS

\$4.00

PROTEIN BALLS

\$2.25

CHICKEN SALAD PACK

\$4.75

SMOOTHIE

\$7.00

BLUE JAY ACAI BOWL

\$11.25