

MENUS ARE SUBJECT TO CHANGE

	Sunday 19-Jan	Monday 20-Jan	Tuesday 21-Jan	Wednesday 22-Jan	Thursday 23-Jan	Friday 24-Jan	Saturday 25-Jan
Breakfast		Scrambled eggs GF Ham GF Pork sausage GF Diced home fries GF Egg & cheese on biscuit French toast	Scrambled eggs GF Pork sausage GF Bacon GF Tri tators Egg & cheese on bagel Pancakes	Scrambled eggs GF Pork sausage GF Ham GF Shredded hash browns GF Egg & cheese on muffin Cinnamon French toast	Scrambled eggs GF Bacon GF Pork sausage GF Tator tots Egg & cheese on croissant M&M pancakes	Scrambled eggs GF Ham GF Chorizo sausage GF Sliced home fries GF Egg & cheese on muffin French toast	
Soups	Pasta Fajoli	Beef barley Med. Vegetable (f)	Seafood wild rice chow. Ham & bean	Chicken corn chowder Asian vegetable (v)	French onion Creamy soup (v)	Chicken & Dumpling Maryland crab	Tomato Basil Bisque
Lunch (Brunch on wknd)	Scrambled eggs GF Pork sausage GF Bacon GF Tri tators Assorted quiche Pancakes Egg & cheese sandwich on bagel	Krabby Kake sandwich Vegan scaloppini sand. Chicken tenders Waffle sweet pot fries GF Summer blend veg GF Sautéed yellow squash GF	Dagwood mac & cheese Chicken nuggets Chick'n boneless wings Baked cod w/ Old bay seasoning Peas & sliced carrots GF	Fish sandwich Crispy chicken sandwich Black bean burgers GF Potato salad GF Italian blend veg GF	Buffalo chicken cheese crispos Applewood smoked Korean BBQ Pork GF Apple Korean BBQ meatless Chik'n Thai red quinoa veg GF Green beans GF Steamed buns	Chicken parmesan Eggplant parmesan Spaghetti w/sauce Italian bread Sliced zucchini GF Country medley veg GF	Scrambled eggs GF Pork sausage GF Bacon GF Tator tots Egg & cheese on bagel Apple filled bread sticks Ham/cheese frittata GF
Hearth Bar		Boat Loader bar (dinner)	Meatball sub bar	Slider bar (dinner)	Grilled sandwich bar	Baked pot (L) Tator tots (D)	
Dinner	Meat lasagna Vegetable lasagna Sausage w/pep & on GF Steak rolls Fish of the day Italian pole beans GF Deep fried mushroom (v) Italian bread	Pulled Roast Beef GF Fish of the day Redskin mashed pots GF Key West blend veg GF Corn nuggets Couscous, red quinoa and veg blend	Breaded fish du jour House smoked chicken quarters Tuscan whole grain penne w/Tempeh Baked potatoes GF Cascade blend veggies GF Steamed snap peas GF	BBQ spare ribs GF Baked Caribbean fish GF Sweet potato stew w/red beans GF Steamed corn GF Roasted broccoli GF	General Tso Chicken Veggie Thai spring rolls Fish of the day Fried rice GF Mandarin blend GF Sautéed Tempeh Asian cabbage GF	Shrimp/scallop scampi GF Tuscan chicken Portabella stroganoff Egg noodles Sugar snap peas GF Key west blend GF	Chicken Cordon Bleu Potato crusted cod Vegetable burgers GF Roasted red pots GF Sautéed spinach w/garlic GF
Desserts	Cookies Snickerdoodle Cheesecake bar Blueberry bread Rocky Road pie	Cookies Warm choc pudding cake Tiramisu brownie	Cookies PB cookie tart Apple crisp Oreo cream pie Sugar free cookies	Cookies Gooney butter finger bar Choc pudding GF Choc cupcakes Apple pie	Cookies PB Tandy Cake Blueberry Buckle Raspberry cheesecake Salted caramel krispies	Cookies Angel Food Cake DF Choc mint ie German choc brownie Apple dumplings	Cookies Black bottom cupcakes Assorted danish Dutch apple pie DF Pump cheese mousse GF

Menu key

Vegetarian (V)

Vegan

May contain nuts

Contains honey

Gluten Free (GF)