



### EAP Benefits At-A-Glance

WellSpan Employee Assistance Program (EAP) powered by Quest Behavioral Health

When you or someone you love needs assistance, help is just a click or call away.

QuestBH.com | (800) 364-6352



## Professional Counseling

You and your dependent family members are each eligible for  $\underline{3}$  free counseling sessions per contract year. (Your benefits renew April)

- · Choose face-to-face or virtual
- · Professional, confidential service

To access these services, call Quest at (800) 364-6352.



# Legal and Financial Resources

You and your dependent family members are entitled to:

- One (1) no-cost, 30-minute initial consultation (office or phone) per separate legal or financial matter with a network attorney or financial counselor.
- A preferred 25% reduction from the normal hourly rate if you retain a participating attorney or financial counselor after your initial consultation.

To access these services, call Employee Care at 888-254-8104 Company Code: WSH-ELIZC



## Elder Care

We offer one (1) phone consultation per calendar year, per family, with an elder care specialist. Topics include:

- Medicare & Medicaid services
- Senior transportation services
- Assisted living facilities
- Nursing home options
- In-home care services
- · Alzheimer's disease

To access this service, call Senior Management Services at (717) 881-4674 and tell them you're a member of WellSpan EAP powered by Quest Behavioral Health.



#### Resources for Everyday Living

The confidential website **WorkLifeServices.net** offers you and your dependent family members a full spectrum of resources, including:

- · DIY legal forms
- Financial calculators
- Webinars
- Health risk assessments
- · Diet and exercise
- · Mental and medical health

On your first visit, register for an account using our Company Code: **WSH-ELIZC** 

Then you'll create a personal username and passcode for future logins.