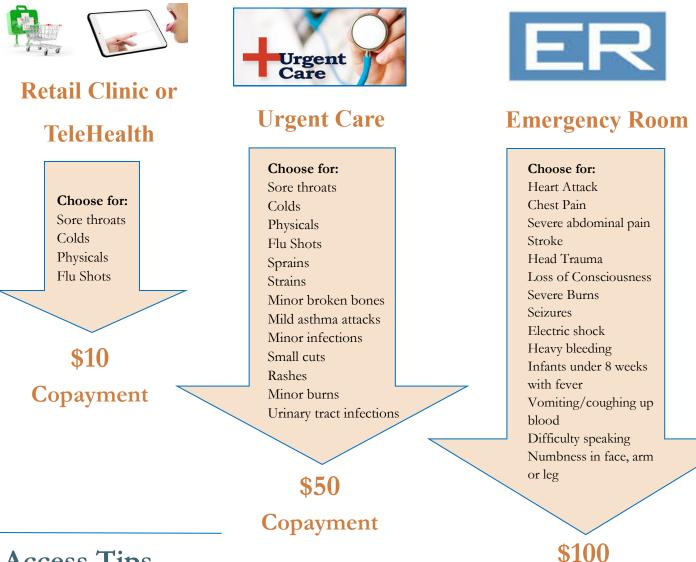
Know Where to Go

Choosing Appropriate Access to Health Care

November 2016

Informed Health Care Access Could Save you Money

Do you know where/how to access your nearest In-Network Retail Clinic, Urgent Care Center, Telemedicine Provider or Emergency Room? Do you know whether or not each one is In-Network or their hours of operation? A little bit of planning now could save you time, money and aggravation later. Logon to www.capbluecross.com and take a few minutes and locate your In-Network Retail Clinic, Urgent Care Center, TeleHealth Provider and Emergency Room at an Innetwork hospital. Review the type of services offered and post their hours of operation where you can find it easily.



Access Tips

- 1. Do you have a student attending school far from home? Prepare him for the unexpected with a list of her in-network pharmacy, Retail Clinic, Urgent Care Center and Emergency Room providers with guidelines on how and when to choose each.
- **2.** Planning a vacation? What if someone in your group has an injury or an unexpected illness? Save time before you go by researching your in-network choices as part of your vacation planning process. Your wallet may thank you later if you need immediate care and you have already established where your in-network providers are located.



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