



# Guardian Preventive Advantage. Helping to keep your mouth healthy.

Many dentists recommend oral exams and cleanings every six months. Now you can take good care of your oral health without having to balance the need for additional dental care. Plus, you can obtain preventive care without having the benefit deducted from your annual maximum, in or out of network.

## Preventive care includes:

- Exams
- Cleanings
- X-rays
- Fluoride treatments

## Here's how it works...

- Simply pay the applicable co-insurance and deductible for Preventive care
- The entire annual maximum amount is preserved for other dental needs
- Preventive care will continue to be covered even after the annual maximum is met

## Save the annual maximum for other needs, such as...

- Fillings
- Root canal
- Crowns
- Oral Surgery
- Dentures and bridgework



## To protect your oral health, practice good oral hygiene

- Brush your teeth at least twice a day
- Floss daily
- Eat a healthy diet and limit between-meal snacks
- Replace your tooth brush every three to four months or sooner if bristles are frayed
- Schedule regular dental checkups

The Guardian Life Insurance  
Company of America  
New York, NY

[guardiananytime.com](http://guardiananytime.com)

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