



# Partners in Growth: Family Role in College Success

# Outcomes

- Families will develop an understanding of the opportunities and responsibilities of life at Elizabethtown College
- Families formulate a plan to address key questions with their student
- Families begin to identify their role in supporting their student's success

- Every student is different and has different needs.
- Some students have barriers, most of those barriers are unseen.
- Some students need different support than others.
- ALL students are growing.
- Regardless of where your student is on their journey, your relationship with them *will* change.



This is *forever* how I  
will see  
the first day of  
school.

# Mission and Values



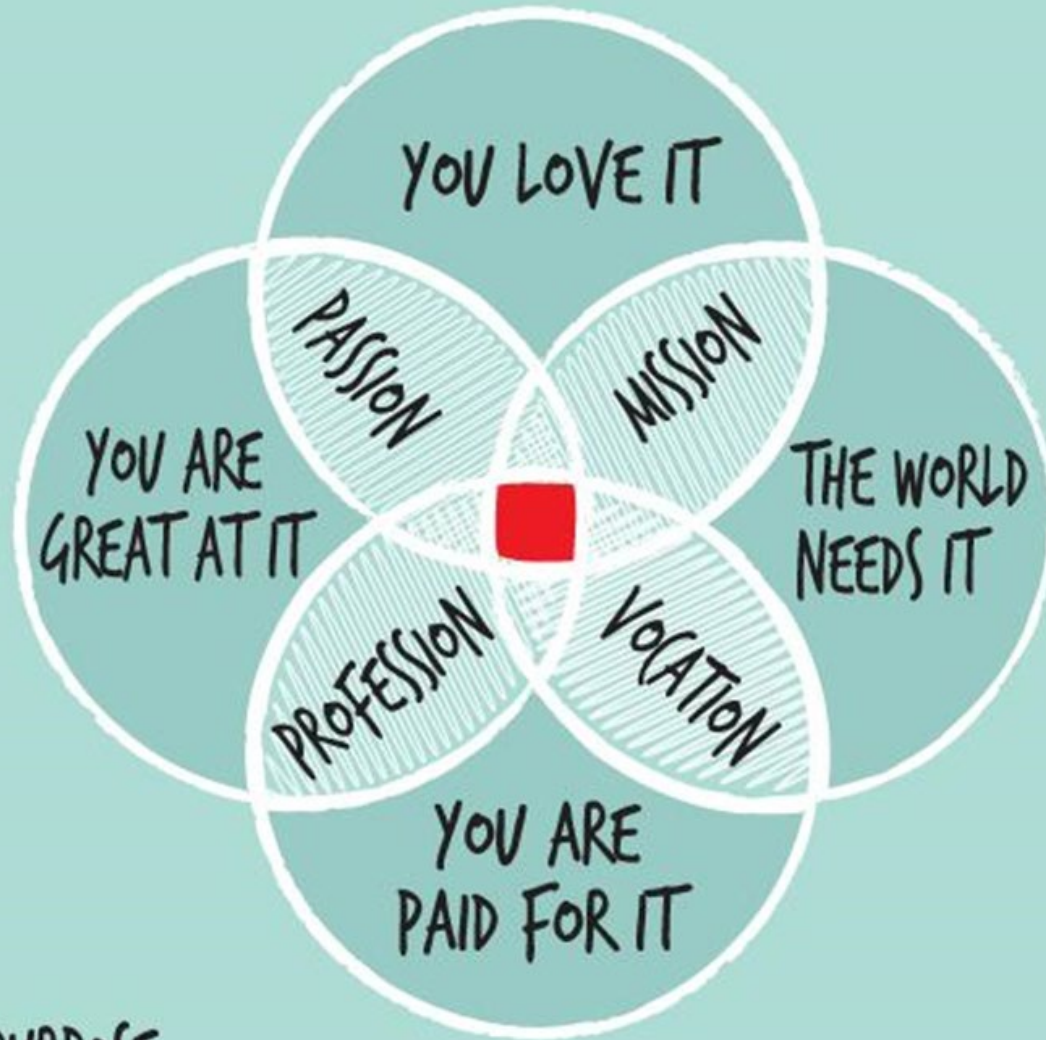
**Elizabethtown College Mission:** Educate for Service

**Elizabethtown College Values:** Peace, Non-violence, Human Dignity and Social Justice

The **mission** of the **Student Life Division** is to foster an engaging, supportive, and culturally vibrant living and learning environment where each student feels they belong.

# Creating their Story

- Who are you?
- Why are you here?
- What do you want to become?
- How do you define success?

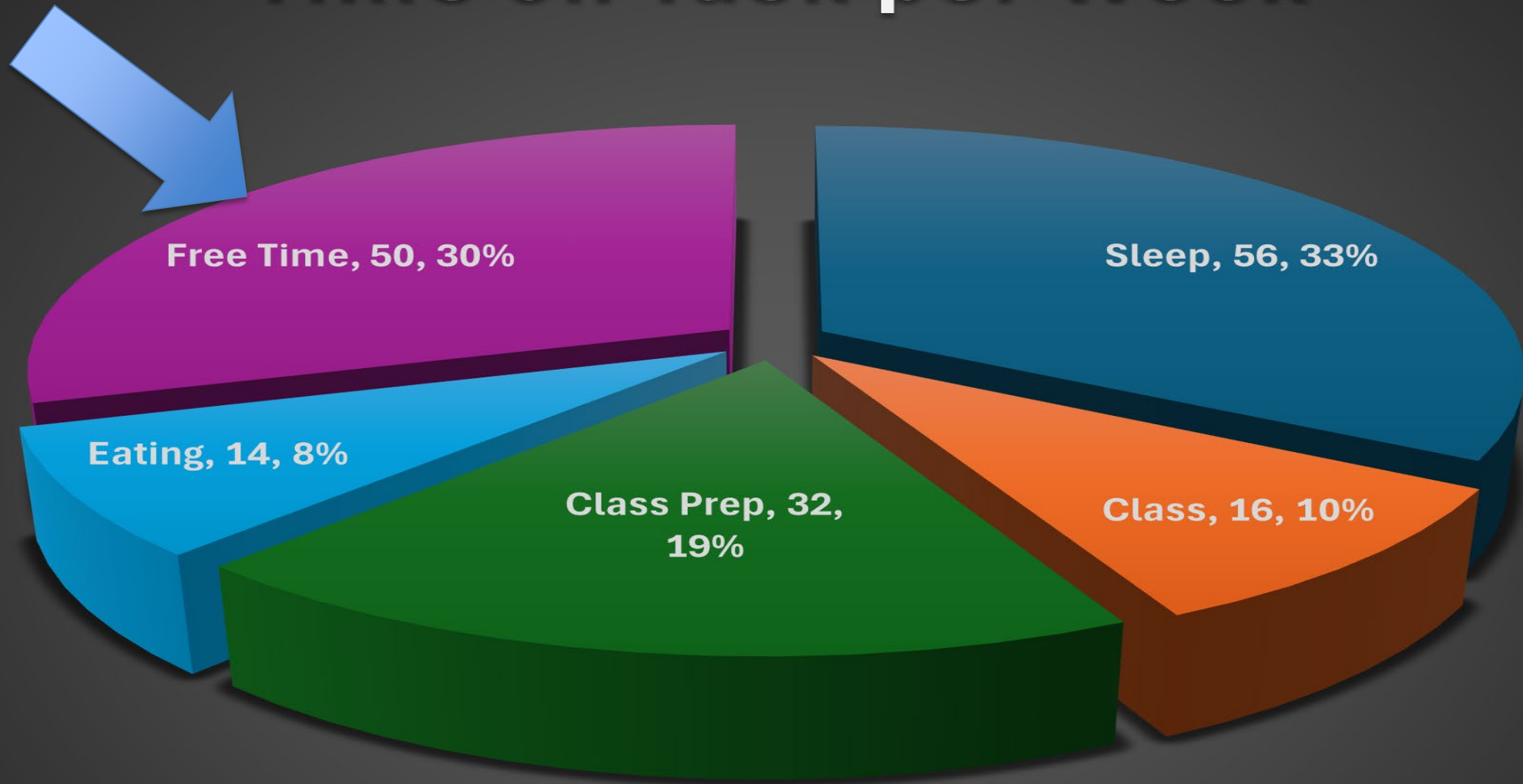


 -PURPOSE

# Responsibility and Choices

Everything they do outside of the classroom impacts their academic success. Everything is interconnected.

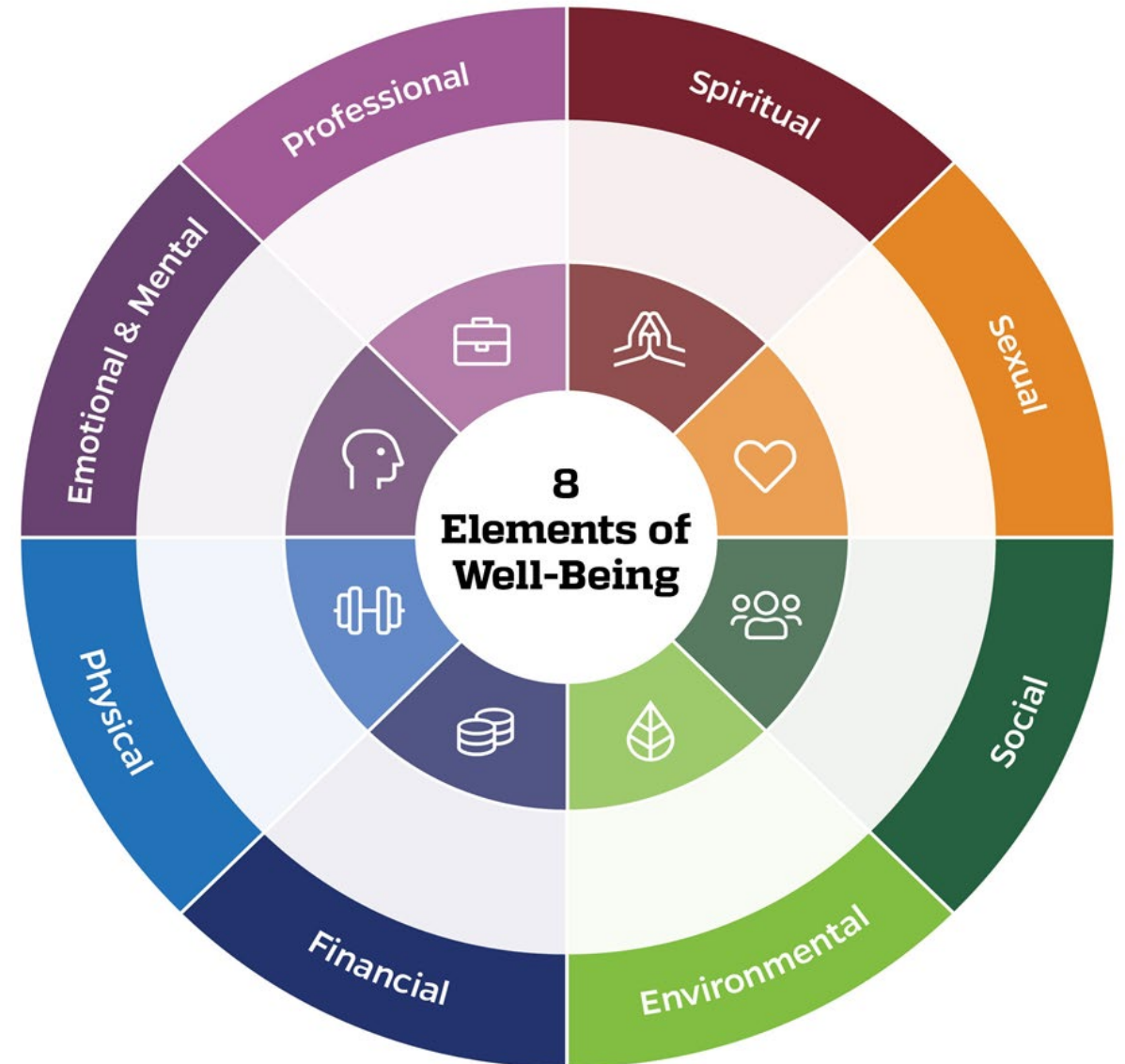
# Time on Task per Week



■ Sleep ■ Class ■ Class Prep ■ Eating ■ Free Time

# CHOICES

- **Students** - have already been making many of these choices
- The environment in which they're making these choices is changing
- **Families** – you won't be involved in all these decisions – and that's ok!!



*-Johns Hopkins University – Student Well-Being*

# Social Development

# Social Choices

- Making *informed* decisions
  - Knowing their values: personal, family, religious, etc.
  - College Values
    - Policies and procedures
- Develop confidence in their decisions
- Take responsibility for their actions

# Interpersonal Relationships

- Healthy relationships and realistic expectations of others
- Roommate relationships
  - The roommate **does not** have to be their best friend
- Learning to handle conflict
  - Just because someone \_\_\_\_\_ doesn't mean they're \_\_\_\_\_.
- Please remember...before you post on the parent social media page....
- Be someone who includes, not excludes
- It is natural to flock to what you know

# Sexual Behavior

# Sexual Behavior

- Decision whether to engage in sexual activity (of any kind) can be impacted by:
  - Spirituality
  - Health and Safety Issues
  - Effects of alcohol
  - Pressure
- Decisions are theirs to make
- Confidence in their decisions

There's a difference between healthy sexual behavior and sexual misconduct.

# Consent

- Affirmative Consent - knowing, voluntary and mutual decision among all participants to engage in sexual activity.
- Words or actions - as long as words or actions give clear permission and communicate willingness
- Silence is not consent
- Given without incapacitation, coercion, force, intimidation or threat of harm

## CONSENT IS...

Freely given  
Reversible  
Informed  
Enthusiastic  
Specific



# Physical and Emotional Wellbeing

- Many resources to support mental and emotional health
- Approximately 25% of our students have accessed Counseling Services
- Work with all different types of students
  - Students having history of diagnosis/treatment
  - Students needing someone to process with
- Open, caring, culturally intelligent counselors - confidential environment
- **Students are responsible for their wellbeing.** We are here to support them on their journey.

- Penn Medicine – Elizabethtown College Medical Center
- Students must advocate for themselves
- If student has a history of diagnosis and treatment, have they formulated a plan to continue while they are here?
- Bowers Center and RecWell - focused on holistic *wellbeing*

# Campus Involvement

# Blue Print

- Extra- and Co- curricular record
- Blue Print Awards - certificates by domain and the Blue Jay Blue Print Award
- The experience we provide, regardless of participation in the formal program

12

Catholic Mass  
1PM,  
Historic Church

Campus Worship  
5:30PM,  
Performance  
Room

13

Intramural  
Badminton &  
Cornhole Leagues  
and Golf  
Tournament Sign-  
ups Start



14

Massages and  
Midterms  
4 - 7 PM,  
Bowers Center  
Relaxation  
Room



15

Crafts &  
Conversations  
4PM, Birdcage

16

Black Is: The  
Blackness Project  
with Gene Thomas  
6-8PM  
Gibble Auditorium

Senior  
Transitions\*  
6-8PM  
Bowers Center  
Hosted by Career  
Development  
Center

17

From Equity Talk  
to Equity Walk  
11:30AM-2PM  
Hoover 110

Accepted  
Students

19

Catholic Mass  
1PM,  
Historic Church

Campus Worship  
5:30PM,  
Performance  
Room

20

Nutrition Week: Nutrition  
Tabling,  
Blue Jay Bites starts  
11 AM - 1 PM, BSC  
3 - 5 PM, Bowers Center  
Lower Lounge



From Storytelling to  
Stagecraft: Creative  
Master Starleisha  
Gilchrist, 7 PM, Bowers  
Writers House

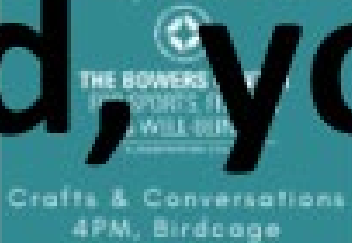
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Nutrition Week:  
Taco Tuesday  
Demo 4 - 5 PM,  
Bowers Center  
Lower Lounge



22

Nutrition Week: Infused  
Water Drop-In Demo  
3 - 5 PM, Demo Kitchen



Crafts & Conversations  
4PM, Birdcage

23

Nutrition Week:  
ResHall Recipes  
6 PM & 6:30 PM,  
\*Registration Required



An Evening Reading  
of World of Wonders  
7:30 PM, High Library

24

Nutrition Week:  
Last day for Blue Jay  
Bites submission,  
#BlueJayBites on  
EtownRecWell  
Instagram



Mario Ka  
Tournament  
8 PM, KA



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- More than 75 clubs/organizations recognized by Student Assembly
- Athletics
- Arts
- Office of Student Activities
- Residence Life
- And sometimes they should be or will be bored

# **Academic Choices**

- Skills, interests and majors will change
- 18 yr old may not have a rock-solid life plan
- Academic performance may change between high school and college
- Make meaning of classroom experiences

# Academics – Full Time Job

- Avg. 16 hrs / week in the classroom
- 32 hrs. / week studying
- 8 – 5 for academics each day leaves plenty of time for fun (remember...choice-time!)
- Please reinforce the importance of **GOING TO CLASS**

# **Family Involvement and Expectations**

**Prepare the child for the path,  
not the path for the child. - Kahlil Gibran**

# Family Expectation Setting

- If there's something you want your student to know, **now** is the time
- Don't assume they know
- It is ok to have expectations
- You may struggle if you're seeking to control

- If we haven't heard directly from your student and you've called or emailed...

-or-

- If we are informed about something from social media and not directly from your student...

*...We will reach out directly and timely to **the student.***

# What's Actually Happening

- Venting
- Advice seeking
- Avoiding conflict
- They weren't told/I didn't know\*

\*The information is 99.9% in an email or on the website



- Students will learn and grow from the choices they make
- Students **WILL** make mistakes!
- So will families
- Allow students to take responsibility (and credit!) for their actions
- Use of technology...are you promoting independence?
- Communicate expectations
- **Fight the urge to fix**
- **RESILIENCE**

Use our adapted conversation guide to help with communication, being proactive, and boundary setting



# Between Now and August

- **Open communication and expectation management.**
- Approach with curiosity
- Take interest in what your student wants from this experience
- Enjoy your time with your student – it is precious



2:15 pm: An Insider's Guide to Etown, Leffler Chapel  
\*Meet up with your student & attend together

3-4 pm: Schedule Questions, Leffler lobby  
Get your ID picture taken, Leffler Chapel, 2<sup>nd</sup> floor  
Momentum program meeting, Leffler Chapel  
Visit the College Store, Brossman Commons