



Public Health

What is Public Health?

Public health involves large-scale approaches to address key health issues and to promote the health of people and communities, both domestically and abroad. Public health focuses on using organized efforts of organizations, communities, and individuals to promote health in a manner that benefits large populations.

Lifestyle and Work-Life Balance

The nature of the work leads to intense cycles and sometimes long work hours, but there is a strong sense of purpose. International placements provide opportunities for travel and exploration. The nature of the placement will greatly impact the shape of the work, whether urban or rural, domestic or international, or with a large or small organization.

Relevant Academic Majors and Minors

Biology, Chemistry, Psychology, Occupational Therapy, and Social Work are common entry points for health fields. Data Analytics is especially useful. Language study and an interest in International Studies, Peace and Conflict Studies, and Interfaith Leadership Studies are especially useful building blocks for international work.

Relevant Co-Curricular Experiences

Study abroad, supervised research both on and off-campus, field placements, tutoring, mentoring programs, leadership in campus organizations, service trips and mission trips, internships and summer employment with health providers.

Jobs and Careers in Public Health

People engaged in public health take a wide variety of approaches, including biostatistics, epidemiology, environmental health, occupational health, community health, behavioral health, and health policy and administration. They work for local, national, and international organizations as epidemiologists, nurses, physicians, community health workers, researchers, and directors.

Blue Jay Flight Plans are specific plans for purposeful and meaningful work and service beyond Elizabethtown College. They are designed for students engaged in a variety of academic majors, and work in combination with particular minors, courses and co-curricular activities to help make your noble purpose and meaningful life work a reality upon graduation.

- *Coaching and mentoring are provided to create your Blue Jay Flight Plan.*
- *Support is available for developing a specialized Blue Jay Flight Plan.*
- *Opportunities are offered to connect with others who have similar goals and interests.*