Momentum is an interdisciplinary approach to introducing students to the Liberal Arts and helping them prepare for the academic expectations of college. The program is called Momentum because the purpose is to help students build momentum toward their transformative experience at Elizabethtown College. The program establishes a momentum students will maintain throughout their development in college.

Momentum is designed to prepare students for college, assisting them in an effort to get the most from their liberal education, and become an integral part of the community. The Momentum program is a stimulus for students to become energized about Elizabethtown College and help them maintain this energy, motion, activity as they grow as student leaders.

The Momentum program has been designed for students to become informed, responsible, self-directed learners. Elizabethtown College and the Momentum program, in particular, provide students with an integrative, transformative liberal education as the most powerful pathway to achieving their personal and academic goals.

The Momentum program begins with a seven day pre-fall orientation summer immersion experience for first generation students to facilitate the most integrative and meaningful connections possible. The main goal of the Momentum pre-orientation program is to introduce students to the campus culture and the high standards of performance we expect at Elizabethtown College. Momentum provides intentional, hands-on curricular learning experiences connecting students to aspects of the core curriculum and disciplinary majors. The faculty and staff led sessions of the program represent an extension of in-depth learning drawing on the core curriculum and major programs.

Momentum continues for the student throughout their college experience providing supplemental advising, in collaboration with the student’s primary faculty advisor and upper class student peer academic advisors, called Kinesis – the energy behind a momentum, helping students discover key resources and strategies necessary for college success.

Essentially Momentum is a microcosm of Elizabethtown College: an intentionally designed learning environment working doggedly to maximize student learning, and particularly student learning related to higher-order skills and abilities allowing the student to be “educated for service” becoming citizens and leaders of the world, thus the mission of a liberal education.
Momentum Students on the Appalachian Trail

Our students choose from among almost fifty academic programs. Driven by our commitment to “Educate for Service” our teaching and advising is grounded in strong relationships, linking classroom instruction with experiential learning, emphasizing international and cross-cultural perspectives and nurturing the capacity for lives of purpose and leadership as global citizens. Our college has a strong heritage of personal and social responsibility as a necessary, rather than optional, component of a liberal education. The Momentum program is based on the concept of how a liberal education remains the best preparation for citizenship, work, life, and leadership. We are empowering students to develop as leaders with the ability to act as change agents on our campus, in the local community, nationally, and the world.

We believe a liberal education is, at its core, transformational; our faculty and staff intentionally develop curricular and extra-curricular experiences liberating the mind (the informed piece) IMAGINE, cultivate in students a sense of personal and social responsibility (the responsibility component) INSPIRE, and empower students to be change agents (the self-directed piece) IMPACT. The educational philosophy of the Momentum program is grounded in an understanding of how we must educate students broadly and deeply, assisting them in drawing connections between various experiences, so they can achieve academic excellence and develop as leaders to create a campus culture of inclusive excellence.

Jean-Paul Benowitz Director of Momentum.

Momentum 2019-2020
Kinesis Peer Academic Advisors
Kinesis Co-Captain

Kylar Harvey (Senior)
Biology Allied-Health
Joseph Santos (Senior)
Elementary & Middle Level Social Studies Education

Moh Mohammad (Senior)
Psychology, Religious Studies, Asian Studies
Samantha Romberger (Senior)
English Professional Writing
Women and Gender Studies, Honors
Lauren Shakes (Senior)
Music Therapy
Pleasant Sprinkle-Williams (Senior)
Communications, Women and Gender Studies
Rebecca Edenfield (Junior)
Early Childhood Education
Meghan Glaspey (Junior)
Occupational Therapy, Psychology, Honors
Carly Patterson (Sophomore)
Psychology
Nicholas Mich (Sophomore)
International Business, Honors
Julia Middleton (Sophomore)
Early Childhood Education
Kayla Wolf (Sophomore)
Occupational Therapy
Friday 16 August 2019

Registration and Move into Residence Halls
Tent along Alpha Drive: Schlosser Loop
8:30 - 11:30 AM

Picnic for Momentum Families and Students
South Lawn of Elizabeth Myer Residence Hall on Cedar Street
Noon – 1:00 PM

Welcome
Jean-Paul Benowitz, Director of Momentum, Director of Student Transition Programs and Prestigious Scholarships and Fellowships
Steps in front of the High Library
1:00 PM
Hershey’s Chocolate Hugs and Kisses Farewell to Families (parents depart before campus tours)

Elizabethtown Community Tour: Context! Where are we?
Historic walking tour of Elizabethtown Borough 1:00-3:30 PM

Orientation about computer network and accessing electronic technology on campus
Kinesis assisting Momentum students in their residence hall rooms 3:30-4:00 PM

Dress for Formal Dinner and Group Photo
Residence Halls 4:00-5:30 PM
Momentum Class of 2023 Formal Class Photograph  
John and Shirley Steinman Center: Front Portico

Formal Welcome Dinner  
Susquehanna Dining Room of Elizabeth Myer Residence Hall  
Welcome and Introduction of the Momentum program  
Jean-Paul Benowitz, Director of Momentum, Director of Student Transition Programs and Prestigious Scholarships and Fellowships

Keynote Speaker:  
Kira Kuhar, Class of 2019, Kinesis Captain, Business Administration  
Associate Brand Strategist, Pavone Marketing Group, Inc.

Campus Geography Scavenger Hunt with Kinesis  
Beginning at the Charles Abba Baugher Student Center Terrace
Saturday 17 August 2019

Breakfast 8:00-8:50 AM
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center

Life Stories – Who We Are, Where We Have Been, Where We are Going 9:00-9:50 AM
Jay G. Brossman Commons KAV

The Socratic Method to Discovering Your Strengths, Talents, and Gifts 10:00-10:50 AM
Jean-Paul Benowitz, Director of Momentum, Director of Student Transition Programs and Prestigious Scholarships and Fellowships
South Lawn of Elizabeth Myer Residence Hall on Cedar Street

Academic and Personal Integrity 11:00-11:50 AM
Steven M. Nolt, Senior Scholar/Professor of History & Anabaptist & Pietist Studies
Rufus Bucher Meetinghouse, Young Center for Anabaptist and Pietist Studies
Lunch
Noon – 1:00 PM
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center

Walking Tour Featuring The History of Elizabethtown College 1:00-3:00 PM
Jean-Paul Benowitz, Director of Momentum, Director of Student Transition Programs and Prestigious Scholarships and Fellowships
Elizabethtown College Sign corner of College Ave and Mount Joy Street

Telling Our Stories 3:15-4:50 PM
Sit down and tell your story! This session is based on the StoryCorps program. The mission of StoryCorps is to record, preserve, and share the stories of Americans from all backgrounds and beliefs. StoryCorps interviews usually take place between two people. StoryCorps is modeled—in spirit and in scope—after the efforts of the Works Progress Administration of the 1930s, through which oral history interviews across America were recorded.
Dinner
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center
5:00-6:00 PM

H2O Olympiad
7:00 PM
## Sunday 18 August 2019

**Road Trip to Philadelphia Exploring Democracy, Diversity, Dignity, and Inclusivity Past and Present**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
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<tbody>
<tr>
<td>Board motor coach in Front of the Carlos and Georgianna Leffler Chapel</td>
<td>7:00-AM</td>
</tr>
<tr>
<td>Depart Elizabethtown College</td>
<td>7:30 AM</td>
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<tr>
<td>Arrive in Philadelphia, Pennsylvania</td>
<td>9:30 AM</td>
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<tr>
<td>Walking tour of Historic Philadelphia: Democracy, Diversity, Dignity,</td>
<td>9:30-11:30 AM</td>
</tr>
<tr>
<td>and Inclusivity</td>
<td></td>
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<tr>
<td>Hiking with Socrates: Exploring Life’s Big Questions</td>
<td>11:30 AM- Noon</td>
</tr>
<tr>
<td>Lunch at the Historic Reading Terminal Market</td>
<td>Noon-1:30 PM</td>
</tr>
<tr>
<td>Walking tour of Historic Philadelphia: Democracy, Diversity, Dignity,</td>
<td>2:00-4:00 PM</td>
</tr>
<tr>
<td>and Inclusivity</td>
<td></td>
</tr>
<tr>
<td>Depart Philadelphia, Pennsylvania</td>
<td>4:30 PM</td>
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<tr>
<td>Dinner stop on the way home</td>
<td>5:30 PM</td>
</tr>
<tr>
<td>Arrive at Elizabethtown College</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>Thompson Gymnasium Open</td>
<td>7:00-11:00 PM</td>
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</tbody>
</table>
Monday 19 August 2019

Breakfast
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center
7:00-7:50 AM

Civility in Campus Life
“If we are kind and considerate, people will want to be around us, and we benefit from enduring circles of attention and care.” – Pier Massimo Forni (1951-2018)
Stephanie A. Rankin, Associate Dean of Students
Director of Academic Advising and the Center for Student Success
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114
8:00-8:45 AM

Psychology and Sociology
Michael Roy, Associate Professor of Psychology
Michele Lee Kozimor-King, Associate Professor of Sociology
John M. Gibble Auditorium: Elmer L. Esbenshade Hall, Room E-Gaud
9:00-9:50 AM
Music and Mathematics  
10:00-10:50 AM  
James L. Haines, Professor of Music  
James R. Hughes, Professor of Mathematics  
Samuel R. Zug Memorial Hall: Zug Recital Hall, Room No. 204

Political Science and Mock Trial  
11:00-11:50 AM  
April C. Kelly-Woessner, Professor of Political Science  
Kyle C. Kopko, Associate Professor of Political Science, Director of the Pre-Law Program  
Associate Dean of Institutional Effectiveness, Research and Planning  
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114

Lunch  
Noon – 1:00 PM  
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center

Library Research  
1:00-1:50 PM  
Joshua P. Cohen, Instruction and Outreach Librarian  
High Library, McCormick Computer Lab

Writing Workshop  
1:00-1:50 PM  
Erica M. Dolson, Lecturer in English  
Wayne A. Nicarry Hall Computer Lab Room No. 208

Library Research  
2:00-2:50 PM  
Joshua P. Cohen, Instruction and Outreach Librarian  
High Library, McCormick Computer Lab

Writing Workshop  
2:00-2:50 PM  
Erica M. Dolson, Lecturer in English  
Wayne A. Nicarry Hall Computer Lab Room No. 208
Socratic Dialogues  
Jennifer V. Besse, Adjunct Faculty in Latin, Department of English  
Locations will vary throughout campus

3:00 - 3:50 PM

Discussion led by Kinesis Peer Academic Advisors

3:00 – 3:50 PM

Socratic Dialogues  
Jennifer V. Besse, Adjunct Faculty in Latin, Department of English  
Locations will vary throughout campus

4:00-4:50 PM

Discussion led by Kinesis Peer Academic Advisors

4:00 – 4:50 PM

Dinner  
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center

5:00-6:00 PM

Diversity Film and Discussion  
Asian Americans  
Nobuaki Takahashi, Associate Professor of Japanese  
John M. Gibble Auditorium: Elmer L. Esbenshade Hall, Room E-Gaud

6:30-9:00 PM

Thompson Gymnasium Open

9:00-11:00 PM
Tuesday 20 August 2019

Breakfast
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center
7:00-7:50 AM

Travel Abroad:
“Travel is fatal to prejudice, bigotry, and narrow-mindedness.”- Mark Twain (1835-1910)
Megan Bell Class of 2014 Study Abroad Advisor
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114
8:00-8:45 AM

Examining Cultures Through Language and Belief Systems
Mahua Bhattacharya, Associate Professor of Japanese
Jeffery D. Long, Professor of Religion and Asian Studies
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114
9:00-9:50 AM

Biological Anthropology and Chemistry
Elizabeth A. Newell, Associate Professor of Anthropology
Richard J. Papez, Assistant in Chemistry
John M. Gibble Auditorium: Elmer L. Esbenshade Hall: Room No. E-Gaud
10:00-10:50 AM
History, Art, and Architecture
Patricia L. Ricci, Associate Professor of Art History
Susan R. Asbury, Director of Student Rights and Responsibilities
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114

Lunch
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center
Library Research 1:00-1:50 PM
Joshua P. Cohen, Instruction and Outreach Librarian
High Library, McCormick Computer Lab

Writing Workshop 1:00-1:50 PM
Erica M. Dolson, Lecturer in English
Wayne A. Nicarry Hall Computer Lab Room No. 208

Library Research 2:00-2:50 PM
Joshua P. Cohen, Instruction and Outreach Librarian
High Library, McCormick Computer Lab

Writing Workshop 2:00-2:50 PM
Erica M. Dolson, Lecturer in English
Wayne A. Nicarry Hall Computer Lab Room No. 208

Socratic Dialogues 3:00-3:50 PM
Jennifer V. Besse, Adjunct Faculty in Latin, Department of English
Locations will vary throughout campus
Paulo Coelho, *Inspirations: Selections from Classic Literature*.  
Discussion led by Kinesis Peer Academic Advisors  
3:00 – 3:50 PM

Socratic Dialogues  
Jennifer V. Besse, Adjunct Faculty in Latin, Department of English  
Locations will vary throughout campus  
4:00-4:50 PM

Paulo Coelho, *Inspirations: Selections from Classic Literature*.  
Discussion led by Kinesis Peer Academic Advisors  
4:00 – 4:50 PM

Dinner  
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center  
5:00-6:00 PM

Successful Biculturalism at Elizabethtown College  
Celestino J. Limas; Vice President for Student Life  
Samuel R. Zug Memorial Hall: Zug Recital Hall, Room No. 204  
6:30-7:30 PM

Thompson Gymnasium Open  
9:00-11:00 PM
Wednesday 21 August 2019

Breakfast
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center
7:00-7:50 AM

Diversity Dialogues

“Love is the only force capable of transforming an enemy into friend.”
– The Reverend Dr. Martin Luther King, Jr. (1929-1968)
Armenta Early-Hinton, Director of Diversity, Inclusion and Title IX
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114
8:00-8:45 AM

A Liberal Education and Pathways to Success
Brian W. Newsome, Professor of History and Dean for Curriculum and Honors
Samuel R. Zug Memorial Hall: Zug Recital Hall, Room No. 205
9:00-9:50 AM

The Academic Journey from First Year to Graduation
Kristy M. Daniel, Assistant Registrar
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114
10:00-10:50 AM
Writing Our Stories  
James B. Hoover Center for Business Computer Lab Room No. 108  
Wayne A. Nicarry Hall Computer Lab Room No. 208 (type/send writings)

Lunch  
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center

Momentum Advisees meet with Kinesis: Peer Academic Advisors  
James B. Hoover Center for Business Computer Lab Room No. 108  
Wayne A. Nicarry Hall Computer Lab Room No. 208  
(student assessment of program)
“Let our hearts fly, like beautiful kites in the sky”
Design, Build, Fly Your Own Kite
The Dell

You can have your own set of wings
With your feet on the ground
You’re a bird in a flight
With your fist holding tight
To the string of your kite
Let's go fly a kite
Up to the highest height!
Let's go fly a kite and send it soaring
Up through the atmosphere
Up where the air is clear
Oh, let's go fly a kite!

Sherman Brothers; Walt Disney; *Mary Poppins* 1964
Dinner
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center
5:00-6:00 PM

Momentum Reflective Writings and Readings
Students will read selections from their writings.
Samuel R. Zug Memorial Hall: Zug Recital Hall, Room No. 205
6:00 – 7:30 PM

Celebrating Our Momentum Party
Location to be announced
8:00 -10:00 PM
Thursday 22 August 2019

Breakfast 7:00-7:50 AM
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center

Navigating Financial Aid and Student Employment 8:00 – 8:50 AM
Melodie R. Jackson, Director of Financial Aid
Israel Carter, Student Employment Coordinator
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114

Managing Money, Building Personal Budgets, and Exploring Entrepreneurship Opportunities 9:00-9:50 AM
Petru Sandu, Associate Professor of Entrepreneurship and Management
John and Shirley Steinman Center: David E. Brinser Lecture Room No. 114

Momentum Tennis Academy 10:00 – 11:30 AM
Mark A. Clapper Class of 1996, Director of Alumni Relations
Tennis Courts South Lawn of Founders Residence Halls

Lunch with your Kinesis 11:45 AM
Momentum Honors Students Follow Honors Program Orientation Schedule

Elizabethtown Fair 1:30 PM
Forty-Sixth Annual Elizabethtown Fair 1973-2019
Elizabethtown Fairgrounds

Welcome Dinner for International Students 6:00 PM
International students, International Leadership Assistants, Momentum students, Kinesis Peer Academic Advisors have dinner together.
James B. Hoover Center for Business No. 110
Friday 23 August 2019

Breakfast  
7:30-8:30 AM  
The Marketplace in the Jay G. Brossman Commons/Walter H. Annenberg Center

Follow First Year Student Orientation Schedule
IMAGINE, INSPIRE, IMPACT

“Through Momentum I was able to open my mind up to different ideas. I was also able to meet amazing individuals with diverse backgrounds. This group gives me hope and comfort.”

Rehana Persaud; Breinigsville, Pennsylvania

“The Momentum program has done nothing but influence me in the best way. College is such a big change for me. This program has been just an amazing opportunity and experience. This is a whole new beginning and I would not want to start this new beginning any other way.”

Kayla Heisey; Douglasville, Pennsylvania

“The faculty and staff inspired me through lectures, literature, and personal connections to come to my own conclusions and opinions. They encouraged me to look at how my intended major and my passion will impact other people.”

Hannah Wood; Keene, New Hampshire

“Enrollment in Momentum allows me to build relationships with professors, upper-classmen, peers, and even the president of the college. Listening to these people share advice, give support, and show enthusiasm inspires me to test my limits and expand my horizons. These people are my new support system and inspire me to stay on track and work hard.”

Madison McCall; Bath, Pennsylvania

“Through the Momentum program I found the confidence in myself to believe I belong in college, while also gaining the tools needed to succeed.”

Jaime Ramos; Reading, Pennsylvania

“Momentum has opened my eyes to things I never would have imagined and it has given me the motivation to make a difference in the world and to become a better version of myself.”

Alyssa Irish; Pittsford, New York

“The Momentum program inspired me to be the best I can be, and most importantly, be myself.”

Emily Brunell; Bangor, Pennsylvania

“Momentum is all about finding yourself in a new light which students from our diverse backgrounds needed guidance to see.”

Jordan Kulp; Jim Thorpe, Pennsylvania

“Momentum has given me the opportunity to explore topics I would have never been interested in before. This inspires me to keep an open mind throughout my college experiences.”

Megan Meade; Edgwater, Maryland

“The Momentum program has inspired me to do something great with my life.”

Alyssa Pumputis; Westminster, Maryland

“Momentum impacted me, and now it is my time to impact Elizabethtown College with the confidence this program gave me.”

Eric Yoder; Port Carbon, Pennsylvania
Alpha Alpha Alpha National Honors Society: Tri-Alpha

All Momentum students who have earned at least 36 credit/semester hours (or 54 quarter hours) towards a baccalaureate degree and have an overall GPA of at least 3.2 on a 4.0 scale and who are first generation students which means: neither of the student's parents, nor step-parents, nor legal guardians, completed a bachelor's degree; are invited to join the Pi Chapter of Tri-Alpha at Elizabeth-town College. Alpha Alpha Alpha (aka Tri-Alpha) is a national honors society dedicated to recognizing the achievements of first-generation college students.